

Free-Your-Time

Policy Updated on: 26/02/2026

<http://www.free-your-time.com> is operated by Becky Onyett

This page explains how Free-Your-Time: Body Mind & Soul collects, uses, and discloses Personal Information about our users.

Free-Your-Time: Body Mind & Soul uses your Personal Information only for the purpose of providing you with the best possible coaching services. The collection and use of information in accordance with this policy is a condition of using the coaching services of Free-Your-Time: Body Mind & Soul

The Collection and Use of Information to use our Site, you may be asked to provide us with personally identifiable information. The term "Personal Information" includes, but is not limited to, your name, email address, or text message credentials.

Exchange of Information: Your Personal Information may be used to contact you with newsletters, marketing materials, or other information about our coaching services that may be helpful to you in the future.

To unsubscribe from any kind of communication from our team, please contact us at becky@free-your-time.com

Safeguards: Even though we strive to protect your Personal Information using commercially acceptable means, we cannot ensure its absolute security.

Privacy Policy:

Changes As of 26/02/2026, this Privacy Policy is in effect and remains unchanged, except for future modifications, which go into effect immediately upon posting.

Please check this Privacy Policy periodically as we may amend it from time to time.

When we post any changes to the Privacy Policy, we provided you before we begin our coaching relationship, your ongoing utilization of Coaching Service constitutes your consent to the modified agreement and acknowledgement of such changes.

We will notify you if this Privacy Policy changes by sending an email to the address you have on file, or by putting up a clear notice on our website.

Contact Us: We welcome your inquiries about this policy at becky@free-your-time.com